

The triple world, triple realm model of life - a chaotic system for understanding psychology

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You cannot see anything that you do not first contemplate as a reality. (Ramtha)

What is now proved was once only imagin'd (William Blake)

Introduction: A complete integrated framework for psychology utilizing chaos - a preliminary outline.

This preliminary outline is the culmination of 25 years inductive research, attempting to find universal principles from observation rather than deductive based on inference from accepted principles. The concepts and components in this model are fundamental in well established and documented areas of study/life, most can be found in introductory texts or basic understandings. Some of the connections between some of the components are also not new. However, this is an attempt to connect many parts to lead to greater understanding of life, hence human experience. As psychology is about the human experience this research needs to be based within psychology. Human experience is real life and hence four dimensional, chaos is, at present, the only scientific method for understanding a four dimensional reality.

Questions/observations that guided my research

Is there a complete and integrated model that explains life? Can chaos be applied to the human mind? How do we explain complex systems? What is the difference between inner and outer worlds?

What does movement towards so called Eastern philosophies? What is missing in the Western cultures?

How does mental illness develop and can it be prevented? Is there a flashback from severe mental illness? What role, if any, does medication play in mental illness? What is the mechanism to explain 'flashbacks' in severe trauma? How does dissociation occur?

Is there a continuum from severe mental illness through to a fully developed mind? If so could we train people to fully develop their mind? Even people with severe mental illness?

How is life connected? How can psychology play a greater role in life? Do humans affect the environment? If so how?

Difficulties and limitations:

Explaining a four dimensional model in a two dimensional format. Like having the ground floor plan to a multi-storey apartment and expecting to know how each floor functions when living there.

Explaining a chaotic process in a linear format with a beginning and end.

Brief description:

Three worlds in each realm. Three realms in Yes! Each world is relative to the other worlds. The inner world in Realm I is the primary, everything else is relative to this world. Each realm has a different way of understanding.

Realm I. Everyday reality.

Realm I describes the form, structure and links between each of the worlds and each of the realms. The worlds and realms are relative to the inner world. The goal of Realm I is balance and harmony.

The inner world

- within the object in question.
For a person it is the sense of self.
For a cell it is within the cell wall/membrane
For an atom it is within the atom
For a community it is within the town.

Wisdom - occurs when the inner, outer and space in between worlds are equal and balanced.

The outer world - outside the inner world.
For a person it is outside influences
For a cell it is outside influences
For an atom, it is outside influences
For a community it is outside pressures

Triangle signifying perfect balance and harmony

Individual development

Symbol of the triple world triple realm model of life 3x3

REALM I view (form structure and linkages) of Realm II, III and Yes!

REALM II is made up of 3 worlds. Each world is a duality 2^2 :

Above - what is above everyday reality

Below - what is below everyday reality

Vessels - people places and things in everyday reality (Realm I)

AND

Life - life occurs when above and below combine in vessels

The 3 worlds (above, below and vessels) of Realm II need to be balanced.

REALM III is made up of 3 worlds. Each world has the power of three 3^3 :

Here - present

There - not here

Nowhere - not here and not there

AND

Infinity - the infinite nature of the universe

The 3 worlds (Here, There and Nowhere) of Realm III need to be balanced.

The Triple World Triple Realm Model of Life - Realm I understanding, form, structure and linkages.

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