



## Our Philosophy:

- 1. Simple, integrated and inclusive
- 2. Connect, integrate, expand
- 3. Plan, act, reflect
- 4. Knowledge, experience, practice

## **Workplace Harmony**

People spend much of their life in the workplace and the benefits of workplace harmony are both personal and profitable. The costs of workplace disharmony are immense, for example; workplace bullying cases costs employers an average of \$17,000 to \$24,000 per claim. Staff turnover, lack of productivity, and stress leave are all outcomes of workplace disharmony.

In traditional Aboriginal communities, everything and everyone was connected, people lived in harmony with each person knowing their nature, place and purpose. When people align with their nature, place and purpose they work with integrity.

## One-day programs:

- 1. Finding your core nature:
  - a. Identifying your core
  - b. What your core means
  - c. How your core interacts with other cores
  - d. How your core grows



- a. The path to being centred
- b. The path to being balanced
- c. The path to being grounded
- d. Balance and harmony
- 3. Uncovering your purpose:
  - a. Self and Life purpose
  - b. Public versus hidden purpose
  - c. Why I can't find my purpose?
  - d. Where to now?



Not knowing your nature, place or purpose.



People are equal and free to be who they are. They are respected for who they are (their nature), their place in the team and each will have a obvious purpose (job role) and a hidden purpose (are the glue, the heart and soul, the legs or the arms).



One person dominates and everyone adopts their nature.